

Sharing in Sharnbrook -

Lockdown 2.0, the Sequel!

Well, it looks as though we are back in Lockdown. We wanted to let you know that there are plenty of local people still here to virtually hold your hand and help you get through this and any other lockdown that may happen.

Even if there is no further lockdown, you may end up self isolating, or shielding for any reason, and we wanted to make sure that you are aware that there are people that you can call on to help with any day to day problems or concerns that you may have. You may not even need help, but feel lonely,

or alone, and just want a bit of a chat with someone who has the time to listen.



All of that and more will be covered by one or other of the organisations on this leaflet, so please, don't hesitate, pick up the phone, drop them an email, and let them know what kind of help you need, or what it is that they can do to make your life easier.

Contact details for the Sharing in Sharnbrook group can be found on the reverse of this leaflet - Why not call or email them today?

St. Peter's Church is here to help.

For all sorts of reasons, this latest lockdown does feel much harder to bear, because things seem to be moving in the wrong direction, and it is very difficult to remain positive and hopeful. Everyone is having to make sacrifices, for many the impact is quite devastating. The continuing isolation from family and loved ones is taking its toll on our mental health and physical well-being, and puts great strain on all our relationships. And anxiety about financial pressures just makes matters so much worse.

We all need a helping hand – so please do not feel embarrassed to ask. We do not claim to have all the answers, but we often 'know a person who does', and in the meantime we will be pleased to offer sustained companionship and pastoral support.

Please just contact one of us for further information:-

Revd. Paolo Di Leo 07968 606377 rev.pdileo@gmail.com

Roland Carpenter 07801 750963 roland.carpenter@tiscali.co.uk

Janet Norman 01234 781997 normanjanet8@gmail.com

HELP IS AT HAND - "JUST ASK!"

Should you need support with difficulties arising from this pandemic, or indeed at any time, your Just Ask! Village Agent is available to help with:

1. Benefits and Entitlements
2. Filling in forms such as Blue Badges, Attendance Allowance or PIP
3. Issuing Food Bank Vouchers.

If you need any other administrative help due to the current situation, Just Ask! All help will be conducted within current government guidelines.

Mobile: 07780 778110

Or Freephone 0800 0391234

Lydia Wright, Village Agent.



SHARING IN SHARNBROOK

A team of local volunteers from all walks of life is standing by ready to support you. Let's get through this together. We can:

- * Do your shopping
- * Walk your dog
- * Offer guidance
- * Post/collect your mail
- * Phone for a chat
- * Arrange urgent supplies
- * Run other local errands
- * Collect your prescriptions
- * Put out/bring in your bins

How to get in touch:

By telephone
Mobile: 07858 502770

By email - sharingsharnbrook@gmail.com

Via Facebook - Join the Sharing in Sharnbrook group

For a pastoral call or visit, please contact
Rev. Paolo Di Leo
rev.pdileo@gmail.com or 07968 606377

Brought to you by:
Churches Together
Cllr Doug McMurdo, Bedford Borough
St. Peter's Church, Sharnbrook
Sharing in Sharnbrook
Good Neighbours
Sharnbrook Parish Council
Sharnbrook Surgery

Something to look forward to

Although the Christmas Fayre won't be going ahead in its usual form this year, there will still be lights and a tree. This will be streamed online, and we hope that you will join us from your doorstep in singing carols!

More information will be provided nearer the time, but pencil in 6pm on Friday 4th December!



Bedford Borough Community Hub

To provide support to the most vulnerable
during the national lockdown

Phone 01234 718101

Email: Covid19help@bedford.gov.uk

www.bedford.gov.uk/Covid19



BEDFORD
BOROUGH COUNCIL

